



## **Beginner Basic Carolina Shag Class**

DanceSportVA

5721 Arrowhead Drive, Virginia Beach VA

Beginning on Wednesday evening, January 7th a 6-week progressive beginner basic Carolina shag class will start at 6:45 pm. Classes are designed to last 1 hour and run through Wednesday evening, February 11th. These classes will give the new shagger the opportunity to learn the fundamentals of our dance and give them the tools necessary to get out on any dance floor. Registration is not required; HOWEVER, you must plan on attending the first two classes to successfully participate in the program. You do not need to be a regular member of the club to take this class and can easily sign up as an Associate

Member. The cost for associates to take this class is \$11 at the door each Wednesday evening. The \$11 admission fee also gets you into the Mix & Mingle, a line dance lesson at 6:15 pm and open dancing after the beginner lesson till 9:30 pm. This beginner class will be taught by Instructors Ron and Linda Bessent. Please share this information with your friends and family and encourage them to come and join the fun.

Come join the Virginia Beach Shag Club for some fun and dancing!

*Carolina Shag dancing was originally derived from fast dances like the Jive, Jitterbug and Bop by teens along the beaches of North and South Carolina to create a smoother version of these dances that can be done by all ages. The dance is done primarily to Rhythm and Blues, but can be done to any music with a basic 4/4 beat including: R & B, pop soul, Motown or even some country that creates a truly versatile dance that can be done by anyone.*

Beginning on Tuesday evening, January 6th a 6-week progressive beginner basic Carolina shag class will start at 6:45 pm at the Princess Anne Recreation Center. Classes are designed to last 1 hour and run through Tuesday evening, February 10th. These classes will give the new shagger the opportunity to learn the fundamentals of our dance and give them the tools necessary to get out on any dance floor.

No partner required for registration. \$49 per person for the series.

City of Virginia Beach Recreation Center Membership or Day Pass required.

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