

Application for

**VBSC OFFICERS/BOARD OF DIRECTORS**

January 1, 2026 -- December 31, 2026

In applying for a position on the VBSC Executive Board (President, Vice President, Secretary, Treasurer, or Nominating) it is recommended that you serve as chairmanship on the Board for at least one year.

NAME: Carol Michaelis

X OFFICE APPLYING FOR: President \_\_\_ Vice President \_\_\_ Secretary X Treasurer \_\_\_ Nominating \_\_\_

Number of years you have in the VBSC Shag Club: 19 (Joined in 2006)\_\_\_

**VBSC Experience: Positions held: VBSC Board – (Office, Chairmanship, Committees...)**

Volunteered on Meet & Greet (hospitality committee) 2007-2009

Volunteered on Committee to contact/visit members who were sick or in hospital (2010-2012)

Worked with the committee who sold food & drink tickets when we danced at the Moose club in Virginia Beach.

Volunteered to work at the beer & wine booths at the beach with Ways & Means for our Charity.

Chaired Mix & Mingle committee-2014 & 2015.

Chaired Hospitality committee – end of 2024 & 2025.

Volunteered to help serve food at various potluck & food functions.

Have participated in numerous dance demonstrations' when club is invited to provide group.

Responsible for Selling Fun Monday tickets for the club – 2023

Assist Wayne Tate weekly with the 50-50 tickets.

Participated with Virginia Beach when asked to be part of parade in North Myrtle Beach in spring 2024

**Experience outside of the VBSC (Occupation, Awards, Education, etc.)**

Secretary for Virginia Health Department Regional Health District 1979 - 1981

and Chief Financial Officer for ALCAR litigation Multimedia, Inc 2001 - Present

**Occupation:**

Registered Nurse – Emergency Room Nurse, Med-Surg hospital nurse, Federal Project (downtown Philadelphia), Public Health & Visiting Nurse – South Philadelphia, Instructor-School of Practical Nursing, RN instructor – Maternal-Child Health- DePaul School of Nursing (RN program), Virginia Health Department – functions to include school nursing, Immunization programs, hospital liaisons, wrote & received federal grants for Chesapeake Health Department, Case manager for Health Care System, Medical Research for Health Directors.

Educator & Administrator- Supervisor for all Certified & licensed home care services-  
Chesapeake Health Department, Co-owner and Director of skilled, licensed & certified home  
health care services.

**Honors or awards:**

Sentara Corporation President's continuing Quality Improvement Award - 1995

**Education:**

Registered Nurse (RN) – 1968 – Hospital of the University of Pennsylvania  
Bachelor of Science Nursing—1971—University of Pennsylvania, School of Nursing  
Teaching Certificate-- 1974  
Master of Science Nursing—1985 – Hampton University, (Administration & Education)  
CCM—2002—Certified Case Manager (National Certification)

I believe a successful board works together in a respectful and collegial manner.

  
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Signature Date