



Beginner Basic Carolina Shag Class

Princess Anne Recreation Center

1400 Nimmo Pkwy, Virginia Beach, VA 23456

Beginning on Tuesday evening, January 6th a 6-week progressive beginner basic Carolina shag class will start at 6:45 pm at the Princess Anne Recreation Center. Classes are designed to last 1 hour and run through Tuesday evening, February 10th. These classes will give the new shagger the opportunity to learn the fundamentals of our dance and give them the tools necessary to get out on any dance floor.

No partner required for registration. \$49 per person for the series.

City of Virginia Beach Recreation Center Membership or Day Pass required.

Carolina Shag dancing was originally derived from fast dances like the Jive, Jitterbug and Bop by teens along the beaches of North and South Carolina to create a smoother version of these dances that can be done by all ages. The dance is done primarily to Rhythm and Blues, but can be done to any music with a basic 4/4 beat including: R & B, pop soul, Motown or even some country that creates a truly versatile dance that can be done by anyone.